



Holy text series on 'Balsanskar' : Vol. 3

# Overcome personality defects for a blissful life

(English)

**Compilers**

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('Sainthood' or 'Stage of a Guru' denotes 70% and 'Stage of a Parātpar Guru' denotes a spiritual level above 90%)

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**Sanatan Sanstha**

**Study this Holy text and present it to others too !**

## O Parents !

### Accept the gift of 'Sanskār' Holy text series and get rid of all child-related worries !



A pot gets the shape that a potter gives it, If the shape is good the pot will also be good; however once baked, its shape cannot be changed. O Parents ! The same rule applies to your child too. It is

difficult to impart good *sanskārs* (Subconscious impressions) to a grownup individual; however, in youngsters the mind is more receptive hence, it is easier to inculcate good *sanskārs*.

How to find time from the busy schedule of work and make efforts to keep children away from temptations such as television, cricket etc. and inculcate good *sanskārs* in them, is a question that worries most parents today. The 'Sanskār' text series by Sanatan Sanstha provides a solution to this problem. This text series is an invaluable treasure that will make the life of your child ideal and blissful.

Every point in each of the Holy texts of 'Sanskār' series practically is a seed of good *sanskār*; hence, parents must make their child read this series. Discuss the points in these Holy texts with your child and advise the child to re-read this Holy text series. Make your child practice the acts that are mentioned in these Holy texts. Children love to emulate, hence, through your conduct and thoughts set ideals for them; this is our sincere request to all parents. - **Compilers**

## 卐 ————— Preface ————— 卐

Whenever things do not happen as per their wish or when their parents do not listen to them, many children get angry, displeased or frustrated. These children suffer and make others suffer. Anger, arrogance, lying etc. are indicators of a bad temperament; while a loving nature, helpfulness, self-control etc. are indicators of a good temperament. Everyone loves a virtuous child. Only he, who is liked by all, is dear to God. Enhancing virtues by overcoming personality defects is an easy way to be blissful and contented.

How children suffer due to personality defects such as laziness, arrogance, untidiness; what mistakes they commit; how should they give autosuggestions to overcome these personality defects; what atonement should they take for the mistakes they commit are some aspects that have been elaborated upon in this Holy text with examples.

In order to have a successful career in the present era of competition, it is important that the personality of the child is developed along with his intellectual capability. Personality defects such as inferiority complex, fear, worry, depression makes the mind weak. Despite the abundance of amenities and facilities, one cannot become happy and contented due to personality defects such as selfishness, envy, irritability etc. To remain in a continuous state of happiness, it is necessary to make efforts to remove our personality defects. When the internal improvement takes place in children after removal of personality defects, it can safely be said that the child's personality has improved in true sense.

Our earnest prayer unto the Holy feet of Shrī Guru is that on studying this Holy text may children overcome their personality defects & enhance their virtues; may their future life become blissful and successful. - **Compilers**

## Request to parents

The process of personality defects removal is a psychological therapy, which children are not used to. Most children do not perform some action with perseverance. While undertaking the personality defects removal process, there is a conflict in the mind, which the children find difficult to handle in the beginning. In reality, the process is not difficult, it bestows happiness. O Parents ! Your assistance will undoubtedly create self-confidence in children about this process.

### Our *sanskārs* are more important than the place of our birth !

Ravan was the son of Sage Vishrava; however, Hindu Dharma has recommended that we should not follow his ideal. Devotee Pralhad was the son of a demon Hiranyakashyapu; yet, Hindu Dharma has recommended following Pralhad's ideal. Therefore, our *sanskārs* are more important than our place of birth. Only *sanskārs* can bring about basic changes in ourselves. - **Mr Ramesh Shinde, National Spokesperson, Hindu Janajagruti Samiti**

**Notes** At several places in the Holy text, reference is made to Dr Athavale; it is the name of one of the compilers of this Holy text - H.H. Dr Jayant Balaji Athavale.

## **The objective of splitting 1 single Holy text on 1 subject into 2-3 Volumes**

Instead of having only 1 Holy text on 1 subject, splitting it into 2-3 volumes eliminates the concern that while expanding on the subject the number of pages will increase. Readers are able to afford Holy texts that have fewer pages. This also makes it easier to gift such Holy texts and / or sponsor them. We request the readers to appreciate this objective and continue with their unstinted support. - **Publisher**

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