

Text series on 'Karmayoga' : Vol.4

Atonements to eliminate the harmful effects of sins

(English)

Compilers

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('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level,
'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Parātpar Guru'
denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

H.H. Sandeep Gajanan Alshi



Sanatan Sanstha

Uniqueness of Sanatan's treasure of Spiritual Texts

Many of Sanatan's Spiritual Texts contain 20% matter which is Divine knowledge received from the subtle dimension and is unique when compared with the knowledge available on earth.

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Reason for prefixing spiritual title before the Name of Sadguru (Mrs) Anjali Gadgil

Saptarshis guide Sanatan Sanstha through the medium of Nadipattis reading (Nadi-astrology). As per the instructions of Saptarshis on 13.5.2020, Sadguru (Mrs) Anjali Gadgil is being addressed as Shrichitshakti (Mrs) Anjali Gadgil.

Uniqueness of Sanatan's treasure of Texts

- ❖ Spiritual texts that teach *sadhana* for God-realisation
- ❖ Scientific answers to 'why and how' in Spirituality
- ❖ Knowledge is provided in scientific terminology (such as charts, percentages) that can be understood by the readers
- ❖ Include valuable Divine knowledge that is not available anywhere else on earth
- ❖ Include research using scientific instruments to demonstrate the positive effects of spiritual practice on an individual; how *Devanagari* letters are *sattvik* and English letters are not; importance of places of pilgrimage, etc.

Over 8.12 million copies of 331 Sanatan's Texts published as of December 2020 in Marathi, Hindi, Gujarati, Kannada, Tamil, Telugu, Malayalam, Bengali, Assamese, Odia, Gurumukhi, English, Nepali, Serbian, French, German and Spanish.



Preface



Generally, it can be said that performing any act prohibited or considered condemnable by our Scriptures is a sin. Sins make an individual wretched, and the demerit incurred brings about his downfall. As a result, the individual has to suffer from diseases, poverty, etc. None can escape the consequences of sins. Only if one repents for the sins he has committed and undergoes related punishment as advised by Hindu Scriptures, can he be absolved of the sin. Undergoing punishment as advised by Hindu Scriptures is known as 'atonement'. Other sects believe that confession, donation, repentance absolve individuals of their sins. However, Hindu Scriptures have gone beyond these three ways of overcoming sins, and has listed out various sins. Further, depending on the intensity of each sin, Hindu Scriptures have advised various atonements, the extreme being death. Some methods to overcome the harmful effects of sins have been elaborated in this Spiritual text. To stay in a state of *Sat-Chit-Ānand* by transcending the bondage of joy-sorrow generated from demerit/merit-oriented *karmās* (Actions which give rise to destiny), *karma* has to be such that it does not generate any consequence. This Spiritual text also discusses in detail what should be done to avoid the effects of *karma*. We pray unto the Holy feet of Shrī Guru that after reading this Spiritual text, may the readers benefit from the fresh perspective, and after transcending the bondage of demerits/merits, may they be inspired to perform *sāadhanā* (Spiritual practice) for attaining *Ānand* (Bliss). - **Compilers**

(The common preface to Sanatan's 'Karmayoga' series has been provided in the Spiritual text - 'Importance of karma, characteristics and types'.)

