

# CANCER, ENLARGED GLANDS AND ULCERS

## (AYURVEDIC CONCEPT)

### Preface

*Ayurveda* has classified diseases into *shodhanatmak*, *pachanatmak* and *sanchayatmak* depending on the natural tendency of *doshas*. In diseases which give rise to symptoms like cold, cough, vomiting, diarrhoea, the *doshas*, toxins or bacteria are thrown out of the body through the discharges. These diseases are called as *shodhanatmak* which means purification of body by getting rid of the *doshas* through abnormal discharges. These diseases have a tendency to get cured by themselves.

In diseases like fever or rheumatism the *doshas* or toxins and bacteria are digested and killed by fever and natural defences of the body. Hence such diseases are called *pachyamanatmaka* diseases. The word *pachyamana* means digestion thus indicating that digestion of *doshas* and toxins is the nature's way of curing diseases.

Diseases like cancer, enlarged glands, tumours are included under *sanchayatmaka* diseases. The word *sanchaya* means accumulation. These diseases are characterised by natural tendency for

accumulation of *doshas* which stimulate the growth and reproduction of cells of a particular organ or gland.

By combined use of operation, radiation therapy and chemotherapy some cancers can be cured completely while others can be controlled for a few years. Hence one should always consult a cancer specialist and carry out the treatment as per his advice.

In addition one should follow the diet and other recommendations and restrictions as advised by Ayurveda.

In this book the *Ayurvedic* concepts and treatment of cancer, tumours, enlarged glands and ulcers is given. This book will be useful to doctors, *vaidyas*, medical students, patients suffering from these diseases and their relatives.

We pray to Lord Shiva to restore the health of these patients and bestow upon them a long, healthy and happy life.

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