

Text useful for the
adverse times : Chant remedies - Vol. 3

Chant remedies as per the ailments

(Includes chants of Deities, *Bījamantra*, *Ankajapa*, etc.)

(English)

Compilers

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('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level,
'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Parātpar Guru'
denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

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Sanatan Sanstha

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Read Sanatan's Booklet **Prayer
for enhancing devotion and spiritual emotion towards God !**



Preface



In the present Text under the series 'Chant remedies' chants that will prove beneficial for over 300 physical and psychological ailments have been mentioned. To enable finding them easily, they have been listed. They contain mainly chants of Deities. Since the human body is made up of *Panchamahābhūta* or *Panchatattva* (The five Cosmic Principles - *Pruthvī, Āpa, Tēj, Vāyu* and *Ākāsh*), the ailments associated with the body are also associated with the *Panchatattva*.

The Deities function at the *saguṇ* (Materialised) and the *nirguṇ* (Non-materialised) levels. While performing the mission at the *nirguṇ* level, the Deities transcend the *Panchatattva*; whereas, during their mission at the *saguṇ* level they encompass *Panchatattva*. Hence, every Deity encompasses *Panchatattva*. Therefore, every Deity has the power to cure all the ailments associated with *Panchatattva*. Yet, the reason for prescribing a particular Deity's chant for curing a particular ailment is that, a Deity that has greater proportion of a particular Principle among the *Panchatattva*, can cure the ailment associated with that Principle quickly than other Deities.

This Text includes *Shabdabrahman* (Chants of words from Gayatrimantra [A sacred *mantra* from the Rūgvēda (3.62.10), dedicated to the Sun Deity]), *Akshar-brahman* (Chants of letters in which the Principle / Shakti [Spiritual energy] of the Deities is accumulated), *Bījamantra* and *Ankajapa* that are of progressively higher levels. Considering the basic nature of an individual, his spiritual practice of the past or present life, his spiritual level, etc. the chant of progressively higher levels can also be useful to him.





Information on *mudrās* and *nyās* to be performed for effective chanting and valuable suggestions such as how to sit for chanting, what to do for chanting with *bhāv* (Spiritual emotion) are given in the Text - 'Chants that can cure ailments'.

We pray unto the Holy feet of Shrī Guru and Shrī Nārāyaṇ - the protector of the Universe - 'May more and more suffering people be cured quickly by performing these chant remedies'. - **Compilers**



Reason why the word 'ailment' is used in this Text

This Text provides information on minor problems such as insomnia, lack of appetite. Such problems cannot be called 'diseases'. As per Ayurveda, 'Deterioration in health' means having some ailment. Therefore, Sanatan's Texts in the series on 'Lifeline during the adverse times' use the inclusive word 'ailment' instead of words such as 'problem', 'disease', 'illness'.

Saptarshis guide Sanatan Sanstha through the medium of Nadipattis reading (Nadi-astrology). As per the instructions of Saptarshis on 13.5.2020, Sadguru (Mrs) Binda Singbal is being addressed as Shrisatshakti (Mrs) Binda Singbal and Sadguru (Mrs) Anjali Gadgil is being addressed as Shrichitshakti (Mrs) Anjali Gadgil.



Sanatan's Text useful for the adverse times

**Agnihotra (Protection even from
the pollution caused by a nuclear war !)**