

Text useful for the coming
adverse times : Chant remedies - Vol. 2

Chants that can cure ailments

(Includes *mudrā* and *nyās*, besides guidance on chanting)

(English)

Compilers

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(‘Sainthood’ or ‘Stage of a Guru’ denotes 70-79 %
spiritual level, ‘Stage of a Sadguru’ denotes 80-89 % and
‘Stage of a Parātpar Guru’ denotes 90% and above.)

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Preface



This Volume of the Spiritual text series 'Chants for curing ailments' lists chants of some Deities and the various ailments for which they are helpful so that when the need arises, the correct chant is easily found. The reason for giving this information in this manner is - Everyone has strong faith in their *Upāsyadēvatā* (Deity of worship) or spiritual practice of chants such as 'Om (ॐ)'. If the Name of the *Upāsyadēvatā* or the Name chanted as spiritual practice is to be chanted for curing ailments, it will help in curing the ailment faster if it is done with more faith.

Ailments are caused due to imbalance of one of the *Panchatattva* (Five Cosmic elements) in the human body, and to cure the ailment caused by the imbalance, it is useful to chant the Name associated with that Principle. Just as chants are useful in curing ailments, *mudrās* and *nyās* too are useful in curing imbalance in *Panchatattva*. The spiritual remedies, where chanting is supported by making *mudrās* and performing *nyās*, are more effective. Therefore, this Spiritual text in the Spiritual text series also provides information on the *mudrās* and *nyās*.

We pray unto the Holy feet of Shrī Guru and Shrī Nārāyaṇ - the protector of the universe - 'May more and more suffering people be cured quickly by performing these chant remedies'.

- **Compilers**



Note : For all non-English and spiritual words used in this Spiritual text, please see Glossary at the end of the Text.

Contents

1. Ailments that are cured through some chants	12
1A. Some general guidelines	12
1B. Chants of Deities	13
1C. Chants of <i>Panchatattva</i> (<i>Panchamahābhūta</i>)	32
1D. <i>Shabdabrahman</i> (Chanting of words from the Gāyatrīmantra)	34
1E. <i>Bījamantra</i>	
2. <i>Mudrā</i> and <i>nyās</i> to be performed while chanting, understanding the spot where <i>nyās</i> is to be performed and performing remedies accordingly	42
2A. Practical information about <i>mudrā</i> , <i>nyās</i> and the spot where <i>nyās</i> is to be performed	42
2B. Performing spiritual remedies by knowing <i>mudrā</i> , <i>nyās</i> and the spots to perform <i>nyās</i>	49
3. Instead of performing spiritual remedies by knowing the <i>mudrā</i>, <i>nyās</i> and spot for <i>nyās</i> from someone else, it is superior to find them ourselves and perform the remedies	53
4. Guidelines on performing spiritual remedies through chanting	60
5. Some spiritual experiences of seekers associated with elimination of ailments through chanting	83



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