

How to offer *Arti*? (booklet)

Preface

Arti hymns are a beautiful and easy medium to awaken the emotion of devotion in the hearts of worshippers and to imbibe the grace and blessings of the *Devta*. Singing the *Arti* hymns evinced with the resolve of Saints accomplishes the above objectives, but only when they are sung from the heart and as per the science of Spirituality in an appropriate manner.

An act is done wholeheartedly only when its importance is genuinely understood. Explaining the science or Principles helps in imprinting the importance on the mind. With this objective, the science of Spirituality in various acts to be performed while offering *Arti* is explained in this booklet.

During worship it is important to perform every act as per the science of Spirituality. Many are not aware that, while performing *Arti* the platter should be moved in a circle from the *Devta*'s anahat chakra (in the chest region) to the *adnya chakra* (between the eyebrows), one must circumambulate after *Arti* etc. If the science underlying these acts is not known, they are likely to be performed incorrectly. Efforts are made through this booklet to explain ways of performing the acts as per the science of Spirituality, and thereby obtain desired results.

We pray at the Holy feet of Sri Guru thus – “let everyone understand the science provided in this booklet and perform *Arti* accordingly, leading to an increased awakening of their bhav.”

Compilers.

(Note: This booklet will be printed as a Holy text too.)

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