

Text series on 'Balsanskar' : Vol. 3

# Inculcate Virtues and become an Ideal Individual

(English)

Compilers

Proponent of the 'Hindu Rashtira'  
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Sanatan Sanstha

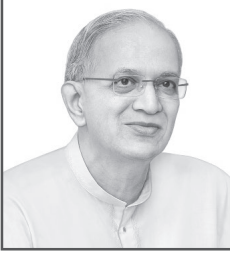
Sanatan's Texts available in various Indian languages

Marathi (345), English (201), Kannada (198), Hindi (195),  
Gujarati (68), Telugu (45), Tamil (43), Bengali (30), Malayalam  
(24), Odia (22), Punjabi (13), Nepali (3) and Assamese (2)

Over 9.66 million copies of 366 Sanatan's Texts as of May 2024

## Introduction to the Compilers

### Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 127 seekers have become Saints and 1,058 seekers are progressing towards Sainthood as of 15.05.2024.
3. Unique creation of Spiritual texts on various topics
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots and social workers and providing spiritual guidance to them
7. Honoured at the French Senate with 'Bharat Gaurav Award' for His exceptional contribution to the global spread of Indian culture and civilisation (5.6.2024)

(For complete introduction, visit - [www.Sanatan.org](http://www.Sanatan.org))

### Assurance of Sachchidananda

### Parabrahman (Dr) Athavale to seekers

*The gross body has limitations of time and space  
How can I be with everyone, at all times  
Sanatan dharma is my eternal form  
In this form I always exist everywhere*

*Jayant Balaji Athavale*

17.5.1996

## Introduction to H.H. Sandeep Alshi



Besides compiling Sanatan's Texts, H.H. Sandeep Alshi also composes Prasar material (for example - Sanatan Almanac, Dharmashikshan Posters, etc.). He writes inspiring articles for the 'Sanatan Prabhat' Periodicals which provide information on spiritual practice, Nation & Dharma.

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**Note :** For non-English & spiritual words used repeatedly in this Text, please see Glossary at the end of the text.

### **Request to parents**

The process of inculcation of virtues is a psychological therapy which children are not used to. Most children do not perform any action with perseverance. While undertaking the personality defects removal process, there is a conflict in the mind, which the children find difficult to handle in the beginning. In reality, the process is not difficult, it bestows happiness. O' Parents ! Your assistance will undoubtedly create self-confidence in children about this process.

❧ O' Parents ! ❧

## Accept the gift of 'Sanskār' Text series and get rid of all child-related worries !



A pot gets the shape that a potter gives it, If the shape is good the pot will also be good; however once baked, its shape cannot be changed. O' Parents ! The same rule applies to your child too. It is difficult to impart good *sanskārs* (Subconscious impressions) to an adult; however, in youngsters the mind is more receptive, and therefore, it is easier to inculcate good *sanskārs*.

How to find time from one's busy schedule of work and make efforts to keep children away from temptations such as television, cricket, etc. and inculcate good *sanskārs* in them, is a question that worries most parents today. The 'Sanskār' Text series by Sanatan Sanstha provides a solution to this problem. This Text series is an invaluable treasure that will make the life of your child ideal and blissful.

Every point in each of the Texts of the 'Sanskār' series practically is a seed of good *sanskār*; hence, parents must make their child read this series. Discuss the points in these Texts with your child and advise the child to re-read this Text series. Make your child practice the acts mentioned in these Texts. Children love to emulate, hence, through your conduct and thoughts set ideals for them; this is our sincere request to all parents. - **Compilers**

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## Preface

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Everyone praises an ideal student, everywhere - in the school, at home etc. To make our behaviour ideal, it is necessary to develop virtues in ourself. Even God likes virtuous children; because they are happy and also make others happy.

How children should make efforts to imbibe virtues such as self-reliance, concentration, obedience, pride for the Nation, abiding by Dharma etc. has been elucidated in a simple language in this Text. Examples of some child-seekers of Sanatan who eliminated their personality defects and imbibed virtues have been provided here. By reading these, others will also be inspired.

Only when the change is from within, does personality development take place in the true sense. Taking this aspect into consideration, some incidents from the lives of well-known people and National heroes have been mentioned. Each incident will immediately inculcate the importance of the respective virtue on the mind of the child.

Our earnest prayer unto the Holy feet of Shrī Guru is that on studying this Text may the children enhance virtues and may their future life become blissful and successful.

- Compilers

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**Read Sanatan's Text in the 'Balsanskar' series**  
**Be devoted to the Nation and Dharma**

