

Ornaments for men and women (English)

Index

(An '*' sign has been placed alongside important points)

1. Who should wear which ornaments ?	20
* Ornaments of women, men and children	21
2. Choice of ornaments according to personality	21
3. Ornaments of women : Importance of wearing of ornaments by women	22
* Soubhāgyālankār is a medium, which reminds women of their pātivratya	22
* Getting protection against negative energies because of gold and silver ornaments	23
* Why should widows not wear ornaments ?	24
4. Ornaments of men	25
* 'Purush' (Man) denotes Shivtattva, indicating emotion of detachment, and ornaments being symbols of attraction, men generally do not wear ornaments	25
5. Ornaments of women and men	28
* Chain : Subtle experiments conducted by wearing a gold chain having a demoniacal and sāttvik design	28
* Proportion of Chaitanya received from the ring, depending upon the metal it is made of	33
* Proportion of Chaitanya received from rings embossed with different signs	33
* Proportion of Chaitanya imbibed upon wearing a ring on different fingers	34
* Men should wear a ring on the ring finger of the right hand, whereas	

women should wear a ring on ring finger of the left hand	35
* Instead of tying a 'friendship band' to the wrist, women should wear glass or golden bangles and men should wear gold, silver or copper bracelet	41
6. Ornaments of children : Earring and bracelet	46
6A. Since the motor-organs of children are underdeveloped, to prevent subtle attacks on them and to generate a protective sheath around them, they are made to wear ornaments like the earrings and the bracelet	46
6B. To protect children from the attacks of negative energies, wearing a tiger claw as a locket in a chain represents mārak form of Tējtattva	46
7. Various metals used in making ornaments and the gems embedded in them	47
8. Necessary and unnecessary nature of ornaments	47
* 'Spiritual practice' is the only real ornament for man	48
* There is no need for ornaments, if there is bhāv	50
* Reason why spiritually evolved individuals are not required to wear ornaments	50
* As far as possible, the spiritually evolved should avoid wearing ornaments so that the society benefits from the Chaitanya emitting from them	50
9. Sāttvik and demoniacal ornaments	51
* Effects of sāttvik and demoniacal ornaments on the body and mind	51
* Spiritual practice is essential for retaining the sāttviktā of ornaments	55
10. Signs of attacks by māntriks on the ornaments	55
11. Purification of ornaments : Gross purification and subtle purification	57
11A. Gross purification - keeping the ornaments immersed in a solution of rīthā (soap-nut) water	57
11B. Subtle purification	57
11C. Purification by fire	68
12. Limitations of ornaments	68

Preface

Under the pretext of fashion, women today do not wear bangles and wear a sequin on forehead in place of the kumkum (Saffron). Besides, most of the ornaments they wear are not appropriate spiritually. The wearer does not benefit at the spiritual level in imbibing Chaitanya

(Divine consciousness) from such tāmāsik (Tama-predominant) ornaments . This Holy text has been written to help women understand the spiritual concept that ornaments are a medium that assist in imbibing Chaitanya and to inform the society about sāttvik (Sattva-predominant) ornaments.

The common man is unable to comprehend the exact process that takes place at the subtle level when ornaments are worn. The subtle-analysis and the subtle-knowledge based pictures drawn by Sanatan's seekers who have the ability to perceive the subtle dimension are the remarkable feature of this Holy text. The subtle experiments pertaining to gold chain, gold ring, sāttvik and demoniacal ornaments etc. conducted by the seekers teach us how to scrutinise the ornaments from the spiritual perspective.

We pray unto the Holy feet of Shrī Guru - Upon reading this Holy text, may everyone develop a spiritual perspective of looking at ornaments and realise the greatness of Hindu Dharma that has given this invaluable treasure ! - Compiler