

Text series on 'Balsanskar' : Vol. 2

Overcome personality defects for a blissful life

(English)

Compilers

Proponent of the 'Hindu Rashtra'

Sachchidānanda Parabrahman (Dr) Jayant Athavale

H.H. Sandeep Gajanan Alshi

Assisted by

Mr Rajendra Mahadev Pawaskar

(Retired Teacher, Mumbai)

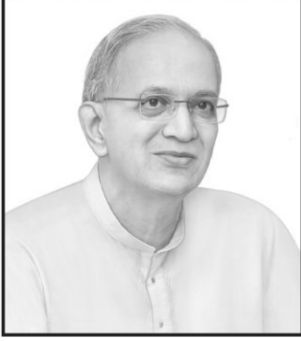


Sanatan Sanstha

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Introduction to the Compilers

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 123 seekers have become Saints and 1,089 seekers are progressing towards Sainthood as of 20.4.2023.
3. Unique creation of Spiritual texts on various topics such as Deities, spiritual practice, daily conducts, Nation & Dharma, etc.
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots and social workers and providing spiritual guidance to them to establish the 'Hindu Rashtra' (Divine Rule)

(For complete introduction, visit - www.Sanatan.org)

Assurance of Sachchidananda

Parabrahman (Dr) Athavale to seekers

*The gross body has limitations of time and space
How can I be with everyone, at all times
Sanatan dharma is my eternal form
In this form I always exist everywhere*

Jayant Balaji Mhunde

17.5.1996

H.H. Sandeep Alshi



Besides compiling Sanatan's Texts, H.H. Sandeep Alshi also composes Prasar material (for example - Sanatan Almanac, Dharmashikshan Posters, etc.). He writes inspiring articles for the 'Sanatan Prabhat' Periodicals which provide information on spiritual practice, Nation & Dharma.

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Preface



Whenever things do not happen as per a child's wish or when parents do not listen to their children, many children get angry, are displeased or frustrated. These children



suffer and make others suffer as well. Anger, arrogance, lying, etc. are indicators of a bad temperament; whereas a loving nature, helpfulness, self-control, etc. are evidence of a good temperament. Everyone loves a virtuous child. Enhancing virtues by overcoming personality defects (PDs ^[Note]) is an easy way to become blissful and content.

This Text throws light on various aspects such as, how children suffer due to personality defects be it laziness, arrogance or untidiness; what mistakes they commit; how they should take autosuggestions to overcome these personality defects; what atonements they should take for the mistakes they commit, etc., along with examples.

In order to have a successful career in the present era of competition, it is important that the personality of the child is developed along with its intellectual capability. Personality defects such as inferiority complex, fear, worry, depression make the mind weak. Despite an abundance of amenities and facilities, one cannot become happy and content due to personality defects such as selfishness, envy, irritability, etc. To remain in a continuous state of





happiness, it is necessary to make efforts to remove our personality defects. When the internal improvement takes place in children after removal of personality defects, it can safely be said that the child's personality has developed in the true sense.

Our earnest prayer unto the Holy feet of Shri Guru is that upon studying this Text may children overcome their personality defects and enhance their virtues; may their future life become blissful and successful. - **Compilers**

Note : Hereafter in this Text, 'Personality Defect Removal' will be referred to as PDR and 'personality defects' as PDs in this Text.



Request to Parents

The process of PDR (Personality Defect Removal) is a psychological therapy, which children are not used to. Most children do not perform any action with perseverance. While undertaking the PDR process, there is a conflict in the mind, which the children find difficult to handle in the beginning. In reality, the process is not difficult and it bestows happiness. Dear Parents ! Your assistance and support will undoubtedly create self-confidence in children about this process.

Note For non-English and spiritual words used repeatedly in this Text, please see Glossary at the end of the text.