Personality Defect Removal : Vol. 1

Importance of Personality Defect Removal & inculcating virtues

(English)

Compiler

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('Sainthood' or 'Stage of a Guru' denotes
70% spiritual level, 'Stage of a Sadguru' denotes 80%
and 'Stage of a Parātpar Guru' denotes 90% and above.)

Sanatan Sanstha

Study this Holy text & as part of Dharmakārya present it to others too !

Uniqueness of Sanatan's treasure of Holy texts

Many Holy texts of Sanatan contain Divine Knowledge,
30-80% of which is not available elsewhere on earth !

Preface of this Holy text

While considering an individual's happiness and contentment in life, due consideration has to be given to his temperament. The behaviour of an individual is a good indicator of his temperament. Behaviour, however, depends on his attitude. The attitude in turn is influenced by defects as well as virtues. Personality defects are detrimental to an individual's happiness-contentment while virtues complement it. Personality defects make an individual's life stressful. An individual's personality defects are detrimental to society as well as Nation. This in turn adversely affects personal life too. In nut shell, PDR and inculcation of virtues is necessary to lead a happy and peaceful life.

It is a normal practice to intellectually understand the underling science before attempting something new. It helps us comprehend the importance better. Anything done with the knowledge of the underlying science takes place with greater interest, resulting in it being more effective. By understanding the immesurable harm caused by personality defects, the benefits obtained at various levels upon their elimination and inculcation of virtues helps us effectively impress upon our mind the importance of the PDR process and inculcation of virtues. All this will also help us implement this process regularly, consistently and effectively.

In 'Chapter 1 - Importance of personality defects removal' of this Holy text, points given ahead have been elaborated upon - Function of the mind; the creation of *sanskārs*; misconceptions about PDR and the underlying reasons; the harm caused to personal life by personality defects etc.

Information on the harm caused by personality defects in different Paths of Spirituality, the immesurable harm caused to *vyashṭī* as well as *samashṭī sādhanā* has also been provided. Similarly, information such as the science underlying the elimination of distress caused by negative energies because of personality defects which hamper an individual's material and spiritual progress, the reasons for social and national problems resulting from personality defects and the integrated approach towards them have also been discussed. To prevent the increase in the number of pages, the details of this process have been provided in the second part of this series.

To develop an effective and ideal personality essential for success in various spheres of life, efforts have to be made for inculcation of virtues as well as implementation of PDR process. More information on the importance of the process of inculcating virtues, its benefits, the efforts required at various stages of this process etc. has been provided in 'Chapter 2 - The process of inculcating virtues' of this text.

Our prayer unto the Holy feet of Shrī Guru is that upon studying this Holy text series, may the readers make their life happy through efforts for PDR and inculcation of virtues, and also become active for the holistic development of the Nation through abiding by *Dharma*. - **Compiler**

Sanatan's Text that provides guidance on 'Parenting'

Understand the constitution of children and make it strong

This text will help in developing the child's mind & intellect.

Chapter 1 : Importance of personality defect (*Shaḍaripu*) removal

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