

# Poetry created around Names (Poetry that teaches how to spiritualise worldly life)

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(English)

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## Preface

There is a proverb in Marathi which means - 'That which the sun cannot see (meaning darkness) can be seen by a poet (darkness in the human mind, meaning sorrow). A poet identifies sorrow and tries to eliminate it through his poems. A poet Saint is aware that ignorance is, in the true sense, the root cause of sorrow, and it can be eliminated only through true knowledge (meaning Spirituality). This is the difference between an ordinary poet and a poet Saint. History so far suggests usual literature gives instant happiness; whereas, literature written by Saints imparts everlasting Anand (Bliss). Besides substance, literature written by Saints contains Chaitanya (Divine consciousness), and hence, it is bestowed with Shakti (Divine Energy) which is many times more than usual literature. Besides, since God and Spirituality are the nucleus of the literature of Saints, it helps face the adverse times.

It is the treasure of words and thoughts expressed through words that establish the richness of any language. The poems in this Holy text not only epitomize the genius that (Late) H.H. Balaji Vasudev Athavale (fondly called Dadaji) was, but also epitomize his mastery over language. H.H. Dadaji has penned these poems upon awakening of His inner instincts; all His poems have Spirituality as their nucleus. The first and the last (in most cases) letter of each line of a poem when read vertically form the name of some individual. Their language is simple and sweet. Most of all, every poem has been penned with spiritual intent, and therefore, these are a source of guidance and contain messages for the reader.

While highlighting virtues of individuals through His poems, H.H. Dadaji has also tried to motivate (the subject as well as the reader), give tips on how to lead an ideal life without getting involved in the deceitfulness of Maya (The Great Illusion), guide relatives etc. Besides such poems, there are also some that express devotion unto the Guru (Spiritual Master) and gratitude unto Saints. H.H. Dadaji performed spiritual practice according to all the three Paths

of Spirituality - Karmayoga (Path of Action), Dnyanyoga (Path of Knowledge) and Bhakti-yoga (Path of Devotion) and hence, His poems reflect a unique harmony of these Paths of spiritual practice.

Gift these poems that spell various names as wishes in the greeting card to your friends and relatives on their birthdays. These will also help you learn how to write such poems.

We pray unto the Holy feet of God - May everyone get introduced to Spirituality through the medium of these poems and with the development of curiosity, may all commence spiritual practice.

**- Publisher**