

Science Underlying Rituals Related to Worship of the Goddess

Part 3 (booklet)

Preface

Various *Dēvīs* (Female Deities) are all different *Dēvīs*, Incarnations of *Ādishakti* (The Primal Energy), Srī Durgādēvī. These are similar to Srīrām and Srīkrushṇa, the Incarnations of Srīvishṇu. That is why, the rituals associated with *pūjā* (Ritualistic worship) of *Dēvīs* are identical. This booklet explains the science underlying such rituals, festivals etc. associated with these *Dēvīs*.

When worshipping a Deity, if the science underlying the rituals in a *pūjā* is understood, then the ritual is performed with greater faith. Faith gives rise to *bhāv* (Spiritual emotion) and every act performed with *bhāv* gives better benefit of the Principle of the Deity. Keeping this objective in mind, this booklet also provides appropriate information on *pūjā* of *Dēvīs* from the spiritual perspective.

Further, recent subtle spiritual knowledge obtained on topics like 'Which flowers should be offered to various forms of the *Dēvī* and why, how to perform *Ārtī* (Ritual of moving lit lamps amidst singing of hymns) for the *Dēvī*, the significance of *ghaṭasthāpanā* (Installing the pot ritualistically) during *Navarātra* (Worship of *Dēvī* for nine days), *kumārikā-pūjan* (Please see Glossary) etc. are given in this booklet, the objectives in performing *gondhal* (An energetic dance with quick steps) for the *Dēvī* and asking Her for *jogvā* are actions and various other topics about which new and subtle spiritual information is given in this booklet.

We pray unto the Holy feet of Srī Guru that by understanding the science under-lying worship of the *Dēvī* may they be blessed with Her.

- Compiler

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