

Holy text series on 'Ideal Disciple' : Vol. 1

The Disciple

One who performs *sāadhanā* as expected by the Guru

(English)

Compilers

Parātpar Guru (Dr) Jayant Balaji Athavale

('Sainthood' or 'Stage of a Guru' denotes 70% spiritual level, 'Stage of a Sadguru' denotes 80% and 'Stage of a Parātpar Guru' denotes 90% and above.)

H.H. Sandeep Gajanan Alshi



Sanatan Sanstha

- ❖ Gift this text to at least 10 relatives & office colleagues !
- ❖ Request libraries, hospitals etc. to keep this Holy text !

Preface

Every seeker in the primary stage has read that in Spirituality the ultimate means of emancipation is the Guru; whereas, a seeker in the advanced stage actually experiences it. Most seekers are unaware of what they should do to acquire a Guru. As a result, not only the present but several future births are wasted. This Holy text aims at guiding at least some of these seekers. To be accepted as a disciple by a Guru one needs to gain the grace of a Saint. However, for bestowal of the Guru's continuous grace one has to constantly obtain His blessings. An easy solution to this is to do what Saints and Gurus expect us to do and that is, perform *sāadhanā*. In the later stages of *sāadhanā* one has to surrender everything, that is, body, mind, wealth and life to Shrī Guru. This Holy text provides detailed practical information on the qualities that a disciple should have, the *bhāv* towards the Guru, behaviour with guru-brethren, the life style of a disciple etc. This Holy text also explains the meaning of *Gurukrupā* and how does it function.

Our prayer to Shrī Guru is that following the guidance from this Holy text, may many seekers become disciples and at least a few of the disciples attain the level of a Guru.

- Compilers

Read Sanatan's booklet **Prayer (Importance and Examples)**

Praying has a positive effect on health. This booklet contains prayers which will be useful for students, housewives, office employees, doctors, engineers, farmers, seekers and patriots.



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