

Text series on Achārdharma : Sāttvik ornaments - Vol. 1

Spiritual benefits of Indian Jewellery

(English)

Compiler

Proponent of the 'Hindu Rashtra'

Sachchidānanda Parabrahman (Dr) Jayant Athavale

Recipients of subtle knowledge

Shrīchitshakti (Mrs) Anjali Mukul Gadgil,

Mrs Ranjana Gadekar, Mr Vishal Pawar and others



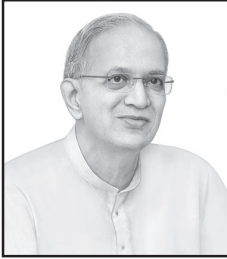
Sanatan Sanstha

Uniqueness of Sanatan's treasure of Spiritual Texts

Many of Sanatan's Spiritual Texts contain 20% matter which is Divine knowledge received from the subtle dimension and is unique when compared with the knowledge available on Earth.

Introduction to the Compiler

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 125 seekers have become Saints and 1,046 seekers are progressing towards Sainthood as of 3.9.2023.
3. Unique creation of Spiritual texts on various topics such as Deities, spiritual practice, daily conducts, Nation & Dharma, etc.
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots and social workers and providing spiritual guidance to them to establish the 'Hindu Rashtra' (Divine Rule)

(For complete introduction, visit - www.Sanatan.org)

Assurance of Sachchidananda Parabrahman (Dr) Athavale to seekers

*The gross body has limitations of time and space
How can I be with everyone, at all times
Sanatan dharma is my eternal form
In this form I always exist everywhere*

Jayant Balaji Mhankle

17.5.1996

Uniqueness of the recipients of subtle knowledge



**Shrīchitshakti
(Mrs) Anjali Gadgil**



**Mrs Ranjana
Gadekar**



**Mr Vishal
Pawar**

Seekers who have the ability to obtain subtle knowledge receive in-depth knowledge from the subtle dimension that is not available elsewhere on earth, and is on various subjects associated with Spirituality. They conduct subtle analysis of religious rituals, *Yajña-yāga*, etc. While receiving knowledge from God, they also have to face the attacks of demoniacal energies. Despite this, the seekers have been performing this *satsēvā* on the strength of the Guru's grace.

The reason for the honorific Sachchidananda Parabrahman for Dr Jayant Athavale

As per the instructions of Saptarshi through Saptarshi Jeevanadipatti, Paratpar Guru (Dr) Jayant Athavale is being addressed as Sachchidananda Parabrahman (Dr) Jayant Athavale since 13.6.2022. The intent in the instruction is that everyone benefits from the Divine Principle in Him.
- **H.H. Sandeep Alshi, Compiler of Sanatan's Texts (24.7.2022)**

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Preface



Wearing a nine-yard *saree*, applying *kumkum* (Red powder made from turmeric) to the forehead and wearing a full set of ornaments - this is the traditional identity of a Hindu woman. Ornaments are an invaluable legacy of the Hindu culture. They have been preserved with pride for generations. With time, however, Hindu culture was influenced by the western culture. As a result, the cultural legacy in the form of ornaments began to be ignored. Nowadays, in the name of fashion, women do not wear bangles, stick a *bindi* instead of applying *kumkum* to the forehead. Some consider it a sign of backwardness to wear ornaments such as broad bangles, nose ring, toe rings. At the same time, many have a mistaken materialistic notion that ornaments are a medium to show off their wealth. The objective of this Text series is to impress upon the mind the spiritual perspective that an ornament is an object that facilitates the process of obtaining Divine grace.

Wearing ornaments enables us to obtain Shakti (Divine Energy) and *Chaitanya* (Divine consciousness), reduces the negative energy in the body, protects from negative energy attacks, and the part of the body where the ornament is worn is subjected to spiritual healing as in the case of Acupressure. These Texts elaborate such aspects along with the related science, thus revealing the importance of ornaments. It also includes scientific information on the comparison of ornaments made from different metals, ornaments for women, men and children, purification of





the ornaments, etc. To understand the subtle process (taking place after wearing ornaments) is beyond the comprehension of an average individual. Subtle analysis and the subtle pictures made by Sanatan's seekers, who have subtle perception ability, are the special features of these Texts. Subtle experiments conducted by the seekers on a gold chain, a gold ring, *sāttvik* (Spiritually pure) and *āsurī* (Demonic) ornaments, teach us to look at ornaments from the spiritual perspective.

It is not necessary to wear all the listed ornaments to obtain spiritual benefits. Depending on the individual's financial status, it is perfectly all right even if minimal ornaments are worn as advised by the Scriptures; for, more than the 'which' and 'how many' ornaments, it is the *bhāv* (Spiritual emotion) with which the ornaments are worn that matters. Those who cannot afford ornaments made of gold can wear gold-plated or silver ornaments, or at least one such ornament. When compared with the means for God-realisation such as chanting, *satsēvā*, the benefits obtained from wearing ornaments are very less. Yet, for those who are not performing any spiritual practice or for seekers in the preliminary stages, ornaments are a boon from the perspective of increasing *sāttvikatā* (Spiritual purity).

We pray unto the Holy feet of Shrī Guru that upon reading these Texts, may everyone develop a spiritual perspective of looking at the ornaments and realise the greatness of Hindu Dharma which has gifted this invaluable treasure. - **Compiler**

