

Text series on 'Abiding by Dharma' : Vol. 4

Spiritual benefits of Religious festivals and Vowed observances

(English)

Compilers

Proponent of the 'Hindu Rashtra'
Sachchidananda Parabrahman (Dr) Jayant Balaji Athavale
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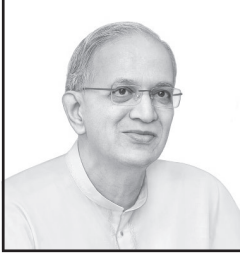


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Introduction to the Compiler

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 125 seekers have become Saints and 1,040 seekers are progressing towards Sainthood as of 8.7.2023.
3. Unique creation of Spiritual texts on various topics such as Deities, spiritual practice, daily conducts, Nation & Dharma, etc.
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots and social workers and providing spiritual guidance to them to establish the 'Hindu Rashtra' (Divine Rule)

(For complete introduction, visit - www.Sanatan.org)



Assurance of Sachchidananda

Parabrahman (Dr) Athavale to seekers

*The gross body has limitations of time and space
How can I be with everyone, at all times
Sanatan dharma is my eternal form
In this form I always exist everywhere*

Jayant Balaji Munde

17.5.1996



Introduction to H.H. Sandeep Alshi



Besides compiling Sanatan's Texts, H.H. Sandeep Alshi also composes Prasar material (for example - Sanatan Almanac, Dharmashikshan Posters, etc.). He writes inspiring articles for the 'Sanatan Prabhat' Periodicals which provide information on spiritual practice, Nation & Dharma.

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Note : For non-English and spiritual words used repeatedly in this Text, please see Glossary at the end of the text.



Preface



Religious festivals and Vowed religious observances are an inseparable part of the religious life of Hindus. Since man is naturally attracted towards festivals, the Hindus celebrate the birth anniversaries of Deities, the death anniversaries of Saints as well as festive occasions such as Full-moon days, Diwali, Rangapanchami, etc. collectively with great enthusiasm. The celebration of such festivals helps in improving social behaviour and strengthens the fabric of social unity. While this is happening, it is very essential to see whether the society is benefitting from these festivals at the spiritual level or not, since this is the principal objective of the celebrations. As a 'Hindu', it is our duty to understand the science in Dharma so as to change the malpractices that have crept into festivals, and to celebrate these appropriately. From this perspective, the method of celebrating various festivals is mentioned in this Text. The Hindu Dharma prescribes certain Vowed religious observances for a peaceful and happy life. Since the resolve of Sages is behind these observances, those who observe these faithfully receive the fruit according to their wishes. The explanation for various observances based purely on the science of Spirituality is mentioned in this Text. We pray at the Holy feet of Shri Guru - 'After reading this Text, may the readers experience joy in their lives through festivals and Vowed religious observances.' - **Compilers**

Note - Information on the important festive occasions of the Year, Religious festivals & Vowed religious observances has been provided in Sanatan's Text - 'Appropriate method and science in celebrating Holy festivals'.

