

Text series 'Science underlying
religious rituals' : Final rites - Vol. 1

Spiritual science underlying post-death rites

(English)

Compiler

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Sanatan Sanstha

**Sanatan's
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Preface



To enable mankind to get closer to God through the medium of various events that occur from birth to death, Hindu Dharma has formulated various religious *sanskārs* or rituals. Amongst them, the post-death rite is the final *sanskār*.

Many a time, the funeral rite is performed merely as a formality laid down by the Scriptures or as a part of fulfilling a duty towards the family. Most do not know its importance or the underlying spiritual science. When an individual understands the precise science underlying an act, his faith in the act increases, he realises its importance and this encourages him to perform the act with enhanced faith.

The importance of faith is described as - 'That which is performed with faith bestows complete benefit'. From this perspective, to remove this mere formality and to instil faith, the spiritual





science underlying some post-death rites is explained in this Booklet. If post-death rites are performed with faith and as prescribed by our Scriptures, then the *lingadēha* (Subtle body) of the deceased individual, without getting trapped in Bhūlok (Earth region) or in Martyalok (Region of the dead), acquires a positive momentum and can move on to higher regions. Consequently, the possibility of the deceased individual or ancestor tormenting the family members reduces. The possibility of such a subtle body coming under the control of negative energies reduces too.

My prayer unto the Holy feet of Shrī Guru is that by reading this Booklet may the Hindus understand the importance of post-death rites and may their faith in Dharma (Righteousness) get strengthened further. - **Compiler**

