

Ayurveda - Vol. 27

Ayurvedic treatment on disorders of the Urinary Tract

(English)

Authors

Doctor & Vaidyacharya, Sadguru Vasant Balaji Athavale

M.D. (Paediatrics), D.C.H., F.A.M.S

('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level,
'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Paratpar Guru'
denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

Dr Kamlesh V Athavale

M.D. (Paediatrics), D.N.B., M.N.A.M.S;

F.A.A.P. (Paediatrics & Neonatology, USA)



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Contents

卐	Preface	10
卐	Unique preface with spiritual terminology	11
	Chapter 1 : Anatomy and physiology of urinary system	14
	1. Anatomy of urinary system	14
	2. Physiology of urinary system	16
	Chapter 2 : Mootra pareeksha (Examination of urine)	20
	1. Time for collection and examination of urine	20
	2. Oil drop test	21
	Chapter 3 : Mootraja Udavarta	
	(Neurological dysfunction of urinary tract)	23
	1. Aetiology	23
	2. Clinical manifestations	23
	3. Complications	24
	4. Treatment	24
	Chapter 4 : Mootrakruchhra (Dysuria)	28
	1. Definition	28
	2. Aetiology & pathogenesis	28
	3. Manifestations of dysuria in infants and children	29
	4. Complications	29
	5. Varieties of mootrakruchhra	29
	6. Treatment to mootrakruchhra of all varieties	40
	Chapter 5 : Mootraghata (Obstructive uropathy)	49
	1. Classification of mootraghata	49
	2. Opinion by different authors	49
	3. Prognosis	50
	4. Differential diagnosis	50
	5. Classification w.r.t. pathogenesis	50
	6. Types of mootraghata	52
	7. Treatment of mootraghata	52
	8. Do's, don'ts & diet in mootraghat	63
	9. Recipes useful in mootraghata	64
	Chapter 6 : Shotha (Oedema)	66
	1. Definition	66
	2. Aetiology	66

3. Pathogenesis	4. Premonitory symptoms	68
5. Clinical manifestations	6. Complications	69
7. Prognosis	8. Principles of treatment	71
9. Treatment	10. Diet	73
11. Treatment of specific varieties of shotha		77
12. Medicines		89
13. Recipes useful in oedema with kidney diseases		90
Chapter 7 : Ashmari (Urinari Calculi)		92
1. Aetiology	2. Pathogenesis	92
3. Premonitory symptoms	4. Clinical manifestations	93
5. Types	6. Complications	94
7. Prognosis	8. Renal colic	94
9. Vatashmari	10. Pittashmari	95
11. Kapha ashmari - Kapha sharkara		97
12. Shukrashmari	13. Sharkara (Gravel)	99
14. General recipes	15. Surgical Treatment	101
16. Recipes useful in sharkara (Urinary gravel)		109
17. Recipes useful in ashmari		109
18. Drugs commonly used		111
19. Ashmari - Do's and dont's	20. Diet in ashmari	111
Chapter 8 : Tooni-Bastishoola (Renal colic)		112
1. Renal Colic		113
2. Etiological and precipitating factors of vatajashoola		114
3. Prognosis	4. Complications	114
5. Treatment	6. Shoolashamak medicines	114
7. Recipes useful in colicky pain with kidney disease		116
8. Medicines	9. Diet in Bastishoola	116
Chapter 9 : Mootrarakta (Haematuria)		119
1. Mootraghata - raktapitta		119

2. Bleeding per urethra	3. Diet in raktapitta	120
Chapter 10 : Bastija vidradhi (Abscess of the kidney)		123
1. Symptoms	2. Principles of treatment	123
3. Recipes	4. Diet	123
5. Prognosis		124
Chapter 11 : Bastigulma (Hydronephrosis, atonic bladder, bladder diverticuli)		125
1. Pathogenesis	2. Treatment	125
3. Clinical manifestations of gulma		126
4. Complications		126
5. Surgical treatment of bastija gulma		126
6. Bad prognostics in gulma	7. Medicines	127
8. Recipes useful in gulma with kidney disease		128
9. Diet in gulma		129
Chapter 12 : Bastija arbuda (Tumor of urinary tract)		130
1. Tumors of the kidney		130
2. Prognosis	3. Treatment	130
4. Recipes useful in kidney tumors and abscess		132
Chapter 13 : Akasmika bastishotha (Acute glomerulonephritis)		133
1. Characteristics	2. Principle of treatment	133
3. Diet in acute nephritis		136
Chapter 14 : Dhrudhamula bastishotha		138
1. Characteristics	2. Treatment suggested	138
3. Diet in nephrotic syndrome		142
Chapter 15 : Pootibasti (Urinary tract infection)		143
1. Introduction		143
2. Treatment of urinary tract infection		144
3. Diet in urinary tract infection		146

Chapter 16 : Raktavegavruddhi (Hypertension)	147
1. Introduction	147
2. Etiology	147
3. Manifestations of hypertension	150
4. Pathogenesis	150
5. Treatment of hypertension	150
Chapter 17 : Bastikarya vighata (Renal failure)	159
1. Clinical manifestations	159
2. Treatment	159
3. Recipes likely to be useful in uremia	162
4. Diet in uremia	163
Chapter 18 : Bastimootrasrotassu oushadhani (Medicines acting on urinary system)	165
1. Gana (Groups of medicines)	165
2. Guide for easy prescription	168
3. Time of administration of medicines	186
Chapter 19 : Mootranavakasya gunakaryani (Urine - Properties and therapeutic use)	187
Chapter 20 : Sadhyasadhyatwam (Prognosis in kidney diseases)	190

**Some abbreviations used for names of classical
Text (Represented by first alphabet/s)**

चरकसंहिता (च.)	सुश्रुतसंहिता (सु.)	वाग्भटसंहिता (वा.)
अष्टांगसंग्रहसंहिता (सं.)	काश्यपसंहिता (का.)	भेलसंहिता (भे.)
हारितसंहिता (हा.)	माधवनिदान (मा.नि.)	शाङ्गधरसंहिता (शा.)
भावप्रकाशसंहिता (भा.)	योगरत्नाकर (यो.र.)	निघंटुरत्नाकर (नि.र.)

**Some abbreviations used for the sections of classical
Texts (Represented by following alphabet/s)**

सूत्रस्थान (सू.)	निदानस्थान (नि.)	विमानस्थान (वि.)
शारीरस्थान (शा.)	इंद्रियस्थान (इं.)	चिकित्सास्थान (चि.)
कल्पस्थान (क.)	सिद्धिस्थान (सि.)	उत्तरतंत्र (उ.)
पूर्वखंड (पू.)	मध्यमखंड (म.)	उत्तरखंड (उ.)



Preface



Basti i.e. kidney is one of the 3 vital organs in the body, the other 2 being heart & the brain. It is the most important organ maintaining homeostatis by regulating the excretion of metabolites and waste products, i.e. dosha, dhatu and mala.

Vegavarodha i.e. suppression of natural urges is an important cause of various diseases. With progressive urbanisation and inadequate toilet facilities, this cause has assumed greater importance. The Ayurvedic classification of diseases of the kidney is strikingly similar to the modern method. Thus acute nephritis, nephrotic syndrome, chronic nephritis and uraemia can be classified as pittaja, kaphaja, vataja and sannipataka urinary disorders respectively. Surgical diseases have parallel names in Ayurvedic texts.

In this Holy text I have made a sincere effort to acquaint the reader with the wealth of knowledge available in Ayurvedic literature on the important subject of urology. The literal meaning of the text has been adhered to as far as possible and the basic concepts are presented in the original form. The relevant Sanskrut stanzas with references are also given.

It is essential that the reader understands the basic principles to appreciate the underlying scientific meaning. The reader may refer to the standard text books on Ayurveda or my Text 'Diseases in children (Ayurvedic concept)'.

We can easily appreciate the wisdom of Ayurvedic physicians who meticulously described various urological conditions and their treatment. I am sure that this Text will be useful to medical students, practitioners, teachers & research workers in understanding various urological diseases & their management in a better manner.

Dr Vasant Balaji Athavale

