

Worship of Deities : Shiva - Vol. 2

Spiritual science underlying Worship of Deity Shiva

(English)

Compilers

Proponent of the 'Hindu Rashtra'

**Sachchidānanda Parabrahman (Dr) Jayant Athavale
and H.H. Sandeep Gajanan Alshi**



Sanatan Sanstha

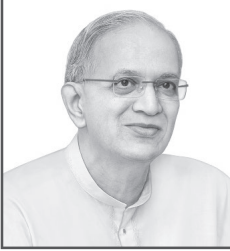
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Marathi (345), English (201), Kannada (199), Hindi (197),
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Introduction to the Compiler

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality (22.3.1999)
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 131 seekers have become Saints and 1,047 seekers are progressing towards Sainthood as of 1.12.2024.
3. Unique creation of Spiritual texts on various topics
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots, social workers
7. Honoured at the French Senate with 'Bharat Gaurav Award' for His exceptional contribution to the global spread of Indian culture and civilisation (5.6.2024)

(For complete introduction, visit - www.Sanatan.org)

Spiritual Heirs of Sachchidananda Parabrahman (Dr) Athavale

Sadguru (Mrs) Binda Singbal & Sadguru (Mrs) Anjali Gadgil are the Spiritual Heirs of Sachchidananda Parabrahman (Dr) Athavale. As per the instructions of Saptarshis through Jeevanadipatti Reading on 13.5.2020, the title 'Shrisatshakti' has been prefixed to Sadguru (Mrs) Binda Singbal's Name and 'Shrichitshakti' has been prefixed to Sadguru (Mrs) Anjali Gadgil's Name.

Introduction to H.H. Sandeep Alshi



Besides compiling Sanatan's Texts, H.H. Sandeep Alshi also composes Prasar material (for example - Sanatan Almanac, Dharmashikshan Posters, etc.). He writes inspiring articles for the 'Sanatan Prabhat' Periodicals which provide information on spiritual practice, Nation & Dharma.

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Note : For non-English & spiritual words used repeatedly in this Text, please see Glossary at the end of the text.

Clarification on prefixing a title to Paratpar Guru (Dr) Athavale's Name

Great Maharshis have written the future in the Jeevanadipattis thousands of years ago. Saptarshis guide Sanatan Sanstha through the medium of Jeevanadipatti Readings. As per the instructions of Saptarshis through the medium of Saptarshi Jeevanadipatti on 13.7.2022, the title 'Sachchidananda Parabrahman' has been prefixed to Paratpar Guru (Dr) Athavale's Name. Even if this be so, seekers have earlier (and continue today too) addressed Him as 'Param Pujya' [or His Holiness] and 'Paratpar Guru' in their writings. We have retained the way He has been addressed by the seekers.



Preface



Every Deity has a specific 'science of worship', meaning, there is an underlying science in each, specific step of the worship. Performing each action of the worship in an appropriate manner after understanding the science helps the worshipper benefit to the maximum. With this perspective, various steps such as how should a worshipper apply *bhasma* (Sacred ash) to himself before worshipping Deity Shiva, which *rangoli* should be drawn in front of Deity Shiva, which flowers should be offered to Him and in what numbers, the incense-stick of which fragrance is to be waved in front of Him, which fragrance must be offered to Him, etc. have been elucidated in this Text.

This will help not only the devotees who worship Deity Shiva every day, but also devotees who observe *vrats* (Vowed religious observances) and celebrate festivals such as *Solah-Somvār*, *Shravaṇ-Somvār*, *Shivāmūṭh*, *Haritālikā*, and *Mahā-shivarātra*.

A prayer at the Holy feet of Shrī Guru - May the faith of devotees of Deity Shiva strengthen further and may everyone get the inspiration to enhance their spiritual practice through this Text. - **Compilers**



Sanatan's Text that enhances devotion

Preparations before worshipping a Deity

- What is the science underlying each act in the preparation for puja ?
- How many regions are affected when a conch is sounded ?

