## **First-aid Training (Part-3)**

First-aid on suffocation, burns, electric shock, animal & insect bites, poisoning etc.

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#### **Preface**

Generally speaking, first-aid is the help provided to a sick or injured person until full medical treatment is available. Taking into consideration the present day hectic lifestyle, coming World War III, natural calamities, riots etc., it has become imperative for every prudent citizen to get trained in first-aid more as a duty towards the Society and the Nation. It is the realisation of this need that has prompted us to publish this text series (in 3 Parts).

This text elaborates on the first-aid to be provided in the events of suffocation, burning, electric shock, disorders arising due to change in body temperature, poisoning, road accidents etc. In the chapter on 'Animal bites and insect bites' in this part, while explaining the treatment on snakebites, information is provided according to 'National Snakebite Management Protocol' of the Indian Government. Also, while explaining the first-aid treatment on animal bites, 'National Guidelines for Management of Animal bites' of the Indian Government has been referenced.

We pray at the Holy feet of Shri Guru that after reading the text series on First-aid Training and receiving first-aid training, may every prudent citizen become a good first-aider. - **Compilers**