

Virtues essential for Samashti Sadhana

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(An asterisk '*' sign has been placed alongside important points)

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Preaface

The true goal of human life is God-realisation. Efforts made to imbibe Divine virtues in the self for individual spiritual progress is termed vyashti sadhana (Individual spiritual practice). While making efforts to imbibe virtues as per the present times, it is not enough to be satisfied with self endeavours. In Kaliyug (Present Era of strife) the proportion of sattvikta (Sattva-predominance) in the society has declined to a great extent, and hence, to increase the sattvikta of the society, it is necessary to get sadhana performed by the society. This is termed samashti sadhana (Spiritual practice of spreading Spirituality) of those who make such efforts. As per the present times, vyashti sadhana has 30% importance, while samashti sadhana has 70% importance.

Today, anti-Hindus and traitors to Dharma (Righteousness) are openly denigrating Hindu Dharma, Hindu Deities, Saints, national heroes and Holy texts. Incidents of conversions of Hindus are also on the rise. Protecting the Nation and Dharma from anti-national elements and traitors to Dharma and trying to unite Hindus have very much become aspects of samashti sadhana. To be able to spread Dharma and unite Hindus, it is essential that seekers have virtues like organisational skills, leadership, expansiveness etc.

This Holy text elucidates Divine Knowledge received by God's grace by seekers of Sanatan on the virtues essential for samashti sadhana (For example, organisational skills, less ego, expansiveness, leadership, foresight, attitude to serve, being dutiful, being principled, kshatravrutti [Warrior attitude], patriotism, pride in Dharma, unconditional love), so also virtues essential for inculcating sanskars (Subconscious impressions) in children, ability to conduct balsanskarvarg (Moral education class for children), virtues associated with social interactions, virtues essential for ideal administration practices etc.

Performing appropriate sadhana brings about spiritual progress. Information on the various stages of spiritual progress has been provided in this Holy text. (Virtues essential for improving vyashti sadhana are provided in a separate Holy text.)

A prayer unto the Holy feet of Shri Guru is - 'May all be motivated to develop Divine virtues in themselves and other individuals in the society.' - **Compiler**