

Text series on 'Science underlying  
religious rituals' : Shrāddha - Vol. 2

# Spiritual science underlying various actions in Shrāddha

(English)

**Compiler**

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(For elucidation of 'Sachchidānanda Parabrahman', see Pg. 12)

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**Sanatan Sanstha**

## **Uniqueness of Sanatan's treasure of Spiritual Texts**

Many of Sanatan's Spiritual Texts contain 20% matter which is Divine knowledge received from the subtle dimension and is unique when compared with the knowledge available on earth.

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(An asterisk [\*] sign has been placed alongside important points)

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### Point 3 of Introductory Contents

#### 卐 ————— Preface ————— 卐

One of the basic doctrines prescribed by the Hindu Dharma for God-realisation is to repay the debt unto the Deities, Sages, ancestors and society. Among these, to repay the debt unto the ancestors by performing *shrāddha* is essential.

The *shrāddha* rituals are necessary for the journey of our parents and close relatives after death to be comfortable and without any distress and the *sanskār* done for their *sadgati* (Momentum for moving to the next higher region) is termed *shrāddha*. The *mantrās* recited during *shrāddha* have the subtle energy to provide momentum to the *pitars*. During *shrāddha*, since the *pitars* (Departed ancestors) receive *havirbhag* (their share) they remain satisfied. If *shrāddha* is not performed, their desires remain unfulfilled. Negative energies make easy victims of such desire-ridden *pitars* and then enslave them. In all likelihood, they use them to cause distress to their own family members. By performing *shrāddha*, we are relieved from the distress caused by the *pitars*, and our life on earth becomes comfortable.

Though *shrāddha* has so much importance, due to lack of education on Hindu Dharma, non-belief in Spirituality, aping the western culture, etc., the *shrāddha* rituals are neglected and are considered as an unnecessary *karmakāṇḍa*. Hence, it is imperative to say that like other *sanskārs* performed in Hindu Dharma, *shrāddha* too is an essential *sanskār*. The basic information on the importance of *shrāddha*, its benefits, types, restrictions as per the Scriptures, is provided



in Sanatan's Text - 'Importance of Shrāddha and its underlying science'. The speciality of this Text is that the analysis based on the science of Spirituality underlying various acts during *shrāddha*, which are beyond the intellect, has been explained. Due to this, one believes in the truth underlying *shrāddha* as it also helps in eliminating doubts about *shrāddha*. This Text provides answers to questions such as why *rangolī* should not be drawn during *shrāddha*, why should the *janēū* be worn on the right shoulder (*Apasavya*), what is the science underlying the method of offering *Naivēdya* (Food offered as part of ritualistic worship) to the Deities and *pitars*. Apart from this, some signs and spiritual experiences indicating that the *pitars* have gained momentum are also given. The Divine Knowledge obtained due to God's grace by the seekers of Sanatan Sanstha is of a higher level and hence a little difficult to understand. Then too, if we have curiosity and yearning it will help us imbibe this Divine knowledge.

We pray unto the Holy feet of Shrī Guru that by studying this Text, may everyone attain a virtuous intellect to conserve the cultural wealth in the form of '*shrāddha*' inherited by us from our great Sages, may *shrāddha* be performed with faith and may the spiritual progress of the *pitars* and the self be achieved. - **Compiler**

Note - The combined preface of the Text series that explains the science underlying 'Religious rituals' is provided in Sanatan's Text - 'Importance of the substances used in ritualistic worship'.



**Note :** For non-English and spiritual words used in this Text, please see the Glossary at the end of this text.

