

Text series on 'Āchārdharma' : Sāttvik hair-style - Vol. 3

Ayurvedic and spiritual remedies on hair problems

(English)

Compiler

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('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level, 'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Parātpar Guru' denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

Recipients of subtle knowledge

Shrīchitshakti (Mrs) Anjali Mukul Gadgil and others



Sanatan Sanstha

Uniqueness of Sanatan's treasure of Spiritual Texts

Many of Sanatan's Spiritual Texts contain 20% matter which is Divine knowledge received from the subtle dimension and is unique when compared with the knowledge available on earth.

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卐 ————— Preface ————— 卐

Nowadays, it is rare to find a man or woman without any complaints about hair. We often come across many complaints about hair, such as dandruff, premature greying of hair, hair fall or baldness. Presuming that most of these problems are physical or psychological in origin, they are treated mostly with Allopathy.

While studying complaints about hair, modern science considers only the physical and psychological reasons. However, excessive hair fall, growth of hair on the upper lip and the chin (resembling a moustache or a beard) in women is due to spiritual reasons. This Text also discusses the spiritual reasons underlying complaints about hair. Ayurvedic remedies have been provided in this Text on the various problems related to hair. Ayurvedic medicines eliminate the ailment from its root. Since they contain natural ingredients, they do not have any harmful effects.

We pray at the Holy feet of Shrī Guru that upon taking Ayurvedic treatment and performing spiritual remedies suggested, may everyone be freed from hair related problems ! - **Compiler**

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Sanatan's Text in the 'Achardharma' series



Hair-care

- 卐 Importance of hair on various parts of the body and its benefits
- 卐 Reason why nails, hair, beard and moustache should not be grown

卐 Reason for not washing hair on full-moon and new-moon days