

Text series on 'Āchārdharma' : Sāttvik hair-style - Vol. 3

Ayurvedic and Spiritual remedies on Hair problems

(English)

Compiler

Proponent of the 'Hindu Rashtra'

Sachchidānanda Parabrahman (Dr) Jayant Athavale

Recipients of subtle knowledge

Shrīchitshakti (Mrs) Anjali Mukul Gadgil and others



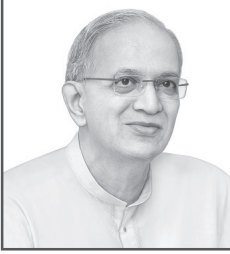
Sanatan Sanstha

Uniqueness of Sanatan's treasure of Texts

Many of Sanatan's Texts contain 20% matter which is Divine knowledge received from the subtle dimension and is unique when compared with the knowledge available on Earth.

Introduction to the Compiler

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale



1. Established 'Sanatan Sanstha' to propagate Spirituality
2. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 127 seekers have become Saints and 1,058 seekers are progressing towards Sainthood as of 15.05.2024.
3. Unique creation of Spiritual texts on various topics
4. Founder-Editor of Hindu Periodical 'Sanatan Prabhat'
5. Proponent of 'Hindu Rashtra' (Divine Rule) (Year 1998)
6. Uniting Saints, Sects, devout Hindus, patriots and social workers and providing spiritual guidance to them
7. Honoured at the French Senate with 'Bharat Gaurav Award' for His exceptional contribution to the global spread of Indian culture and civilisation (5.6.2024)

(For complete introduction, visit - www.Sanatan.org)

Assurance of Sachchidananda

Parabrahman (Dr) Athavale to seekers

*The gross body has limitations of time and space
How can I be with everyone, at all times
Sanatan dharma is my eternal form
In this form I always exist everywhere*

Jayant Balaji Athavale

17.5.1996

Uniqueness of the Recipient of Subtle Knowledge



Shrīchitshakti (Mrs) Anjali Gadgil (M.Sc.)

She is one of the two Spiritual Successors to Sachchidananda Parabrahman (Dr) Athavale. She travels all over India to obtain knowledge from experts in the field of Spirituality, etc. and to preserve objects of spiritual value.

Clarification on prefixing a title to Paratpar Guru (Dr) Athavale's Name

Great Maharshis have written the future in the Jeevanadipattis thousands of years ago. Saptarshis guide Sanatan Sanstha through the medium of Jeevanadipatti Readings. As per the instructions of Saptarshis through the medium of Saptarshi Jeevanadipatti on 13.7.2022, the title 'Sachchidananda Parabrahman' has been prefixed to Paratpar Guru (Dr) Athavale's Name. Even if this be so, seekers have earlier (and continue today too) addressed Him as 'Param Pujya' [or His Holiness] and 'Paratpar Guru' in their writings. We have retained the way He has been addressed by the seekers initially.

Clarification on prefixing titles to the Names of Sachchidananda Parabrahman (Dr) Athavale's Heirs

As per the instructions of Saptarshis through the medium of Jeevanadipatti Reading on 13.5.2020, the title 'Shrisatshakti' has been prefixed to Sadguru (Mrs) Binda Singbal's Name and 'Shrichitshakti' has been prefixed to Sadguru (Mrs) Anjali Gadgil's Name.

Contents

(Special sub-points under the main point are given here.)

1. Special characteristics of Kaliyug in the context of <i>kāl</i>	9
2. Colour of the hair	9
2A. Natural greying of hair	9
2B. Having black hair despite old age	10
2C. Reasons for premature greying of hair	11
2D. Science underlying some individuals having blonde hair right from birth or childhood	16
2E. Hazards of dyeing hair with different colours	18
2F. Ayurvedic remedies	18
2G. Spiritual experiences of seekers and the underlying science	19
3. Dandruff or scabies in the scalp	21
4. Itching of the scalp	25
5. Lice infestation	25
6. Untimely loss of scalp hair (Hair fall or baldness)	31
6A. Hair fall (Physical, psychological & spiritual reasons)	31
6B. Baldness	53
6C. Spiritual experiences obtained upon performing various remedies for hair fall	55
6D. Hair loss in men & women and tonsuring by an Ascetic	58
7. Excessive hair on the face, hands and legs	61
• Understand the uniqueness of this Text	66
• Scientific perspective of the Compilers	68

Note : For non-English & spiritual words used repeatedly in this Text, please see Glossary at the end of the text.



Preface



Nowadays, it is rare to find an individual without any complaints about hair. We often come across many complaints about hair, such as dandruff, premature greying of hair, hair fall or baldness. Presuming that most of these problems are physical or psychological in origin, they are treated mostly with Allopathy.

While studying complaints about hair, modern science considers only the physical and psychological reasons. However, excessive hair fall, growth of hair on the upper lip and the chin (resembling a moustache or a beard) in women is due to spiritual reasons. This Text also discusses the spiritual reasons underlying complaints about hair. Ayurvedic remedies have been provided in this Text on the various problems related to hair. Ayurvedic medicines eliminate the ailment from its root. Since they contain natural ingredients, they do not have any harmful effects.

We pray at the Holy feet of Shrī Guru that upon taking Ayurvedic treatment and performing spiritual remedies suggested, may everyone be freed from hair related problems. - **Compiler**



Sanatan's Text in the 'Achardharma' series

Hair-care

- Importance of hair on various part of the body and its benefits
- Reason why nails, hair, beard and moustache should not be grown

