

Lifeline for the adverse times : Ayurveda - Vol. 2

How to cultivate medicinal plants ?

(English)

Guide for this Text

Paratpar Guru (Dr) Jayant Balaji Athavale

Compilers

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Introductory Contents

卐	Introduction to the Guide and Compilers of this Text	5
卐	Introduction to Dr Digambar Nabhu Mokat, who provided special guidance for compiling this Text	7
卐	Preface	8

Contents

1.	Aspects to consider before cultivating medicinal plants	9
2.	How to grow plants in pots & how to take care of them ?	9
3.	Important aspects about land to consider before large-scale cultivation of medicinal plants	17
4.	Nursery required for growing the saplings for large scale cultivation of medicinal plants	23
5.	Various alternatives for natural fertilizers and pesticides for cultivation of medicinal plants	30
6.	How to grow plants of different sizes ?	33
7.	Using old tyres for growing plants	36
8.	Harvest and storage of the yield from medicinal plants	37
9.	Cultivate plants as your spiritual practice	41
10.	Effect of trigunas (Sattva, Raja and Tama components) in the environment on the plants	45
11.	Spiritual remedies for the plants suffering from distress caused by negative energies	60
12.	Spiritual yantras useful for cultivation	63
13.	Some remedies useful in cultivation	71
14.	Mantra remedies useful in cultivation	74
*	Scientific perspective of the Compilers	92

卐 ————— Preface ————— 卐

The soil, water, environment, etc. need to be considered before cultivating medicinal herbs just like in agriculture and horticulture. This has been analysed in this Text. Natural fertilizers and pesticides at the physical level along with Yantras, remedies, mantras, etc. at the spiritual level are essential for the holistic cultivation of medicinal plants. Analysis of both the levels is the unique feature of this Text. We pray at the Holy feet of Shri Guru - 'May the readers be able to grow medicinal plants in a scientific manner after studying this Text'. - **Compilers**

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Note : From the perspective of completing the topic, points from other reference Texts have been included. At the end of such points, the reference number is the superscript in brackets and its details are mentioned in 'Bibliography' at the end of the Text.

Sanatan's Text in this series useful for the adverse times

Cultivating medicinal plants as per the space available



Maintaining individual health and that of the family during the adverse times will be a great challenge. At such times, we will be left with no option but to fall back on the medicinal plants that we have grown. Therefore, we must pay attention to cultivating these medicinal plants now itself. This Text includes information on over 200 medicinal plants that can be grown in the balcony, in the backyard, on waste land and as intercrop during farming.