

**Child development - Vol. 12 : Remedies
on problems faced by children - 2**

Behavioural problems in Children & associated Remedies

(English)

Authors

Doctor & Vaidyacharya, Sadguru Vasant Balaji Athavale

M.D. (Paediatrics), D.C.H., F.A.M.S.

('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level,
'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Paratpar Guru'
denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

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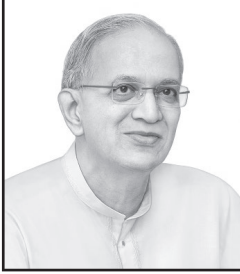


Sanatan Sanstha

Sanatan's Texts on Parenting

Read, put into practice and become ideal parents !

Brief introduction to the unique mission of Sachchidananda Parabrahman (Dr) Athavale, Founder of Sanatan Sanstha

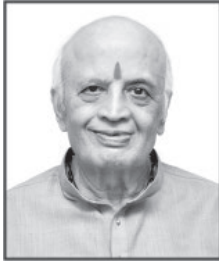


1. Established 'Sanatan Sanstha' to propagate Spirituality.
2. Proponent of 'Hindu Rashtra' (Divine Rule) ^(Note) and commencement of its mission (Year 1998).
3. Propounder of 'Gurukrupayoga' for faster God-realisation : By performing spiritual practice as per 'Gurukrupayoga', 125 seekers have become Saints and 1,046 seekers are progressing towards Sainthood as of 3.9.2023.
4. Creation of unique Spiritual texts on various topics.
5. Research on spiritual remedies for physical, psychological distress and that caused by negative energies.
6. Research using scientific instruments on religious rituals and events that are beyond the comprehension of the intellect.
7. Presenting the research conducted on sattvik Art-forms.
8. Founder-Editor of fiery Hindu Periodical 'Sanatan Prabhat'.
9. Uniting and guiding Saints, Sects, devout Hindus, etc. so as to establish the 'Hindu Rashtra'.
10. Recognising the coming dreadful times, guiding and preparing Texts to protect lives.

(Note : हीनञ्च दूषयत्येव हिन्दुरित्युच्यते प्रिये ।, meaning - One who eliminates the inferior *Raja-Tama* components in himself is a Hindu. A Nation of such *sattvik* people is called 'Hindu Rashtra'.)

(For complete introduction, visit - www.Sanatan.org)

Introduction to Authors



Sanatan Sanstha's Sadguru, Doctor & Vaidyacharya Vasant Balaji Athavale

[M.D. (Paediatrics), D.C.H., F.A.M.S.]

Sadguru (Dr) Vasant Balaji Athavale was a renowned Paediatrician. He founded the Paediatrics Department in 1959 in Lokmanya Tilak Mahanagarpalika Hospital, Mumbai. He was Professor and Head of this Department from 1960 to 1990. He was the Chairman of the 'International Conference on Alternative Medicine' in Bangkok in 1980. In 1996, He received the international honour for the 'Best author of books on Ayurveda'. In 2001 and in 2012 respectively, He was honoured with the 'Lifetime Achievement Award' in an International conference on 'Ayurveda and Hepatic Disorders' and by the Indian Academy of Paediatrics.

1. The journey from being a seeker to becoming a disciple

A. Selflessness and the attitude of sacrifice, which are essential for spiritual practice : He started noting down higher level philosophical thoughts on Spirituality in 1980. He toiled day and night to create a vast treasure of knowledge on Spirituality. Very altruistically, He donated this treasure to Sanatan Sanstha in 1990, soon after it was established. This sacrifice, before He became a Saint, indicates the level of His spiritual practice and seekership. Due to His writings, Sanatan's Texts are now becoming inclusive in the true sense.

B. In 2004, He became a disciple of Sachchidananda Parabrahman (Dr) Athavale (A great Saint who is also His younger brother and the Founder of Sanatan Sanstha, the world-renowned spiritual organisation).

2. Attaining Sainthood

On 16.12.2012, He reached Sainthood due to His spiritual emotion, intense yearning, inquisitive nature and humility.

A. He attained Sainthood by performing spiritual practice through various Paths of Spirituality : Every person performs spiritual practice as per some path of Spirituality, becomes introverted, progresses spiritually and thus moves towards Sainthood. However, Dr Vasant Athavale attained Sainthood by performing spiritual practice as per Karmayoga (Path of action) by serving His patients, Jnanyoga (Path of knowledge) by writing Texts, Bhaktiyoga (Path of devotion) and Gurukrupayoga (Path of Guru's grace).

3. Active in seva for Sanatan's mission until His last breath

He kept performing satseva for Sanatan's mission until His last breath. When He came to know of Divine particles found in Sanatan's Ashram, He inquisitively studied the subject, contemplated on how to conduct research on this topic from a scientific perspective and gave His own suggestions.

He renounced His body on 9.11.2013 at the age of 80.



Dr Mahesh Gandhi
(M.D., D.P.M.)
&
Dr (Mrs) Shraddha
Gandhi (M.D., D.P.M.)



Dr Mahesh Gandhi is a Sexologist and Homeopath. He is internationally renowned for treating psychiatric cases with Homeopathy. He has been practising Psychiatry for the past 27 years. Dr (Mrs) Shraddha Gandhi has been practising as a Consultant Psychiatrist and Hypnotherapist for the past 20 years. She treats psychological problems with Homeopathy. They have also written 'Psychiatry for Students and General Practitioners'.

Contents

Chapter 1 : Sense and motor organs and abnormal behaviours	11
1. What common behavioural problems are seen in children in relation to various sense and motor organs ?	11
2. What is the effect of television on children ? How best can we use it ?	11
3. What are hyperactive or hyperkinetic children ?	12
4. Should the parents encourage Baby Speech (Lisping) ?	16
5. Why do some children stammer or stutter ?	17
6. How should we tackle a child with stammering ?	19
7. What is cluttering ?	23
8. What is Elective Mutism ?	24
Chapter 2 : Undesirable behaviours	25
1. Why do some children suck their thumb ?	25
2. Why are some children seen rocking their body / head ?	26
3. What leads to rhythmic head banging in children ?	27
4. Why do some children develop the habit of pulling their hair ?	29
5. Why do children talk with dolls or imaginary playmates ?	30
6. What leads to the development of tics ?	31
7. What is Tourette's disorder ?	32
Chapter 3 : Emotions	35
1. What are the functions of emotions ?	35
2. How should parents tackle emotional upsets in a child ?	35
3. How does anger manifest itself and what factors affect anger ?	37

4.	How can anger be controlled ?	38
5.	What is breath-holding spasm ?	40
6.	What is temper tantrum ?	41
7.	What are the causes and manifestations of anxiety ? How should one tackle it ?	43
8.	What is separation anxiety ? How should one tackle it in an infant ?	46
9.	What is overanxious disorder of childhood ?	51
10.	What are the causes of fear in children ?	53
11.	What is jealousy and how should we overcome it ?	55
12.	What is sibling rivalry ?	56
13.	What are the causes and manifestations of shyness or avoidant disorder in children ? How can it be treated ?	57
14.	How can one identify children suffering from mood disorders like depression or mania ?	63
15.	What is Hysteria ?	66
Chapter 4 : Problems of School Children		68
1.	What is discipline ?	68
2.	How should parents inculcate discipline in a child ?	68
3.	What are the methods of disciplining the child when he misbehaves ?	70
4.	Should physical punishment be imposed for disciplining a child ?	71
5.	What mistakes are committed while inculcating discipline in a child ?	72
6.	What is the aim of education ?	73
7.	What should be the medium of instruction in the school ?	74

Behavioural problems in Children ...	9
8. At what age should a child be taught reading and writing ?	74
9. What is the role of nursery school or kindergarten in education ?	75
10. What can lead to poor school performance ?	75
11. How should we tackle a child with poor school performance ?	81
12. Should education be forced upon a rebelling and continuously unwilling child ?	86
13. Why do some children have school phobia ?	86
14. Why are some children afraid of examinations ?	87
15. Why do some children run away from school without informing the parents or teacher ?	88
16. What are gifted children ?	89
17. How should teachers and parents handle gifted children ?	89
18. What is mental retardation ?	90
19. What are the psychiatric problems associated with epilepsy ?	95

Sanatan's Text in the 'Balsanskar' series

How to study ?



- How to increase memory power ?
- What should be done to study well ?
- How to increase your concentration in studies ?
- What are the remedies to overcome examination fear ?

卐 ————— Preface ————— 卐

Dear Parents, Medical Students and Doctors,

Every child misbehaves and all of us lose our temper several times. Most of the children have some psychological problem at one time or another. All the childhood mental disorders have been dealt with enough detail without delving too much into the controversies of the subject. Reading has been made lucid and comprehensible to enable parents to handle a majority of the problems of school going children with confidence. This book will be very useful to family physicians because of its clinical approach and practical suggestions. Needless to say, the book gives factual information regarding the subject, but the application of this science is an art which needs to be mastered. A caution to parents is that no drug should be administered without consulting a Psychiatrist.

- Authors

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The reason for the honorific Sachchidananda Parabrahman for Dr Jayant Athavale

As per the instructions of Saptarshi through Saptarshi Jeevanadipatti, Paratpar Guru (Dr) Jayant Athavale is being addressed as Sachchidananda Parabrahman (Dr) Athavale since 13.6.2022. The intent in the instruction is that everyone benefits from the Divine Principle in Him. - ***H.H. Sandeep Alshi, Compiler of Sanatan's Texts (24.7.2022)***

**Sanatan's Text on 'Ayurveda' for a healthy life
Ayurvedic and spiritual perspectives on diet**