Workshops of Parātpar Guru (Dr) Athavale: Vol. 3

Seekers reveal unique facets of Parātpar Guru (Dr) Athavale

(English)

Compilers

Proclaimer of the 'Hindu Rashtra' Parātpar Guru (Dr) Jayant Balaji Athavale

('Sainthood' or 'Stage of a Guru' denotes 70-79 % spiritual level, 'Stage of a Sadguru' denotes 80-89 %, 'Stage of a Parātpar Guru' denotes 90% and above, whereas 'God' denotes 100% spiritual level.)

H.H. Shivaji Girjappa Vatkar



Sanatan Sanstha

Over 8.76 million copies of 351 Sanatan's Texts published as of February 2022 in Marathi, Hindi, Gujarati, Kannada, Tamil, Telugu, Malayalam, Bengali, Odia, Assamese, Gurumukhi, English, Nepali, Serbian, French, German and Spanish.

Introductory Contents

1.	In	troduction to the Compilers	7
2.	w no	arātpar Guru (Dr) Athavale - the Godly personage, ho moulds common people into ideal seekers ot only through guidance in the Workshops, but brough His conduct as well!	9
		Contents of this Text	
(An	as	sterisk [*] sign has been placed alongside important poi	nts)
1.	M	r Arvind Suryakant Paralkar, Malad, Mumbai	15
	*	Developing deep interest in Parātpar Guru (Dr) Athavale upon reading His series of articles on Autohypnosis and personality development	16
	*	Upon realising that Autohypnosis is useful for personality development, deciding to meet Parātpar Guru (Dr) Athavale personally	16
	*	Qualities noticed in H.H. (Dr) Athavale when He conducted Workshops	17
2.		H. (Mr) Shivaji Girajappa Vatkar, Sanatan Ashram, evad, Panvel	26
	*	Getting attracted to the Workshops due to H.H. (Dr) Athavale's <i>Chaitanya</i>	26
	*	Individual spiritual progress was the focal point of His teachings	27
	*	Teaching Spirituality through simple examples	28
	*	Answering the why's and how's of seekers in this scientific age	28

3.	Mr Kondiba Arjun Jadhav, Ponda, Goa.				
	*	Parātpar Guru (Dr) Athavale's teachings during the Workshops made the attendees feel blissful on learning the hitherto unknown and hidden aspects of knowledge	73		
	*	The search of a Guru coming to an end upon feeling satisfied after meeting a great spiritual Guru in life	74		
4.	Advocate Ramdas Dhondu Kesarkar, Honorary Legal				
	A	dviser of Sanatan Sanstha, Sanatan Ashram,			
	Ra	amnathi, Goa.	77		
	*	Through the medium of Workshops, propounding Gurukrupāyoga for rapid progress of seekers and introducing it to society	83		
	*	Through His own conduct, impressing the importance of accepting mistakes on the minds of seekers and learning from them	89		
5.	Mr Abhay Vijay Vartak, Sanatan Ashram, Devad,				
	Pa	anvel, Maharashtra.	94		
	*	Parātpar Guru (Dr) Athavale winning the hearts of many attendees in their very first interaction	94		
	*	Answering the queries of seekers during the Workshop in a manner that they get motivated			
		to perform spiritual practice	95		
6.	Other seekers 9				
	*	Dr Rupali Jiu Nayak Bhatkar, Ponda , Goa.	97		
	*	Dr (Mrs) Lynda Maharudra Borkar, Ponda, Goa.	99		
	*	Mr Ganesh Dattaram Pendharkar, Sawantwadi,			
		Sindhudurg, Maharashtra.	100		

卐 -

5

Parātpar Guru (Dr) Athavale - the Godly personage, who moulds common people into ideal seekers not only through guidance in the Workshops, but through His conduct as well!

1. Parātpar Guru (Dr) Athavale teaches Spirituality through His conduct as well

'Many orators, *kīrtankārs* (One who narrates the glory of God through stories, punctuated with devotional songs) guide society on Spirituality. Most of them do so only at the verbal level, meaning, teach through the medium of knowledge. Conversely, Parātpar Guru (Dr) Athavale teaches not only through the medium of knowledge but also through His own conduct. His teaching transcends words.

During His initial days, Parātpar Guru (Dr) Athavale travelled extensively to conduct Workshops on Spirituality. During those visits to various places, He would carry eatables for the participating seekers as per their taste. This act created an impression of *prēmbhāv* (Love without expectation) unconsciously on the minds of the seekers. After reaching the venue of the Workshop, He would Himself clean and arrange chairs systematically, arrange Spiritual texts for the exhibition, etc. Through such conduct, seekers were able to learn that most importantly, we are the servitors of our Guru, no matter how knowledgeable in Spirituality we are. During the Workshops, He would frankly narrate His mistakes. He would sit on the floor with

卐

all the attendees and have meals. Through Parātpar Guru (Dr) Athavale's conduct, seekers were able to learn that in spiritual practice one should not have ego. This Text contains many examples provided by seekers which have been a learning for them.

2. A Marathi proverb says - 'Venerate the steps of one who walks the talk'

Parātpar Guru (Dr) Athavale always kept His promises. I remember one such example even today. Parātpar Guru (Dr) Athavale would always say during the Workshops - 'Sacrifice as much as you can for God. Only then God will give us everything'. In 1992, Parātpar Guru (Dr) Athavale was in a disciple stage when He celebrated His Guru Saint Bhaktaraj Maharaj's Gurupournima in Mumbai. Despite help from seekers and devotees, He single-handedly took complete responsibility of the entire celebration. At that time, His house had in a way become an Ashram for all the seekers and devotees who were helping in the preparations. These seekers were the attendees of His Workshops. Parātpar Guru (Dr) Athavale had sacrificed a lot in the form of His mind, body and wealth for this celebration. He had also asked seekers to collect donations from society for the celebration. The celebration was held in the best possible manner. After the celebration, some of the donations in the form of food grains, etc. were left over. He donated all these to Saint Bhaktaraj Maharaj's Ashram at Indore. Despite so much of sacrifice and having to operate His house as an Ashram, He did not keep anything for Himself. His conduct taught seekers

many times more than what they would learn through words from the Workshops. In nutshell, Parātpar Guru (Dr) Athavale would teach how to spiritualise day-to-day life. Hence, seekers would follow His guidance and put it into practice. Even at that time, despite not being a Guru, seekers used to consider Him as their Guru.

3. Parātpar Guru (Dr) Athavale's qualities

This Holy text covers Parātpar Guru (Dr) Athavale's qualities identified by the attendees of the Workshops. Thus, this Holy text reveals various shades of Parātpar Guru (Dr) Athavale's personality such as an ideal guide, seeker and disciple.

4. Extraordinary output of the Workshops conducted by Parātpar Guru (Dr) Athavale

Parātpar Guru (Dr) Athavale conducted Workshops only for a few years. Through these, many were moulded into seekers and they made rapid spiritual progress as well by performing good spiritual practice. Now, many seekers are taking responsibility of various satsēvās such as uniting Hindus, bringing about awakening on Dharma, etc. Sanatan's Saint H.H. Shivaji Vatkar, Sanatan's seeker Honorary Legal Adviser Advocate Ramdas Kesarkar, Sanatan's fulltime Dharmaprasār seeker Mr Abhay Vartak, etc. have contributed for this Holy text on how they were moulded through the Workshops. This Holy text has been compiled based on the information provided only by a few seekers. There is no doubt that if all the seekers who attended His Workshops write like this, it would become a significant literary work.

ቭ ------ ሂ

This reveals the extraordinary output of the Workshops conducted by Parātpar Guru (Dr) Athavale.

5. The method used by Parātpar Guru (Dr) Athavale to conduct Workshops became useful later for Sanatan's satsangs (Spiritual discourses) and publishing of Texts on Spirituality

During the Workshops, Parātpar Guru (Dr) Athavale would explain the spiritual science underlying various steps in Spirituality. He would clarify all the doubts of the spiritually curious people, He would explain difficult concepts in Spirituality in a simple manner (through sketches, tables, percentages, etc.) so that common man could understand them easily. He would teach through experiments and also how to overcome obstacles in spiritual practice. Later, this method was also adopted in the *satsangs* conducted by Sanatan Sanstha. This method is also utilised in the Spiritual texts compiled by Parātpar Guru (Dr) Athavale. Though He does not conduct Workshops, Sanatan's *satsangs* and Spiritual texts are capable of guiding thousands of spiritually curious people who are performing spiritual practice and are making good spiritual progress.

6. Prayer

We pray unto the Holy feet of Shri Guru - 'May all the spiritually curious people and seekers be able to benefit from this Holy text, may they be able to enhance their spiritual practice and progress faster spiritually.

- Sanatan's Saint H.H. Sandeep Alshi (25.10.2020)